

Covid-19 Policies

Strategies

We will come back to full operation in a series of phases to safely train while using social distancing and sanitization guidelines with maximum transparency.

Cleaning of gym

Gym will be cleaned and sanitized every day. We have also hired professional cleaners as well to help maintain the gym to the highest level. We will clean stations and equipment between every group. Bathrooms, chairs, handles, cubbies will be sanitized between every class during 30-minute gaps. In 10 minutes only we will be able to completely sanitize gym with 9 new cleaning stations we have set up.

Drop off and Pick up

We will have 30 minute gaps in between classes for cleaning the gym and getting groups in and out of the gym with out contacting each other. We ask that parents are prompt on pick and drop times due to creating any kind of back or circumstance where a child would have to wait in the gym. We would like you to be at the gym in parking lot at least 15 minutes prior to scheduled class start or class end. We will have social distancing markers at the entry and exists. If all parents are here on time we can very smoothly transition the kids from entry and release. If we have to move the kids through exit process and they get to release point and no parent is there for them we will create delays in exit process. We need parents help on this.

Sanitizing and masks

We will have the kids sanitize hands entering and exiting the gym. We will have hand sanitizing stations set up throughout the gym as well to be used during classes for both gymnasts and staff. We will have everyone hand sanitize anytime they move into or out of area. We will all wash hands entering and exiting the restrooms. Masks for gymnasts are to be used at your discretion. Shoes will be placed in a plastic bag, which is to be brought to gym by gymnast, in the breezeway while entering the gym. The bag with shoes in it will be placed in open part of cubby. All JPAC staff will wear masks. All parents entering the building will be required to wear masks as well.

Temp Checks

We will temperature checking everyone that enters the building after the enter the breezeway. We are going to use temperature reading of 100 degrees to determine if you are allowed to enter the building or not.

Set up for distancing

Classes

We will be operating stations that are spaced out to meet social distance guidelines. Each athlete will have a station that they are on. We will rotate those kids at the same time to keep distance between them. Warm up areas will be done in place that are spaced properly from each other and labeled accordingly. Classes will remain structured until they are released. We will not have open free play at the end of any classes in order to keep distance guidelines maintained.

Team

We will do warm up in place using distance guidelines. We will start with stations set for kids on a 1 to 1 ratio. Ex. (6 kids = 6 stations). Every gymnast will have a specific station that they will be at during the rotations that will be spaced properly. Only 1 athlete will be allowed at a chalk station at a time.

Phase 1 – 30 minutes between classes for sanitization

Preschool 4:1 with 1 class per hour

Developmental, Tumbling Classes – 6:1 With 1 class per hour in red gym and gray gym

Phase 2

Preschool 2 Classes per hour with 4:1 ratio

Developmental, Tumbling 3 classes per hour with 6:1 ratio

Phase 3

Preschool 2 classes per hour at 6:1 ratio if safe to raise to normal numbers

Developmental, Tumbling – Normal operation

Birthday parties, Field trips introduced

Will be set up in rotations with groups of 6 kids spread throughout the gym.

Field trip max size 24 kids – blue floor, gray floor, vault trapeze area, preschool area. 4 areas x 6 kids each. If field trip is bigger than 24 multiple sessions can be used. Ex. Group 1 for 1 hour then group 2 comes for 1 hour.

Birthday Parties will have 12 kid max – 2 coaches supervising 6 kids each. Blue floor circuit and Gray floor circuit.

Policies

Classes will open with 1 class per hour with a 30-minute gap in between classes. 15-minute window to get previous class safely out and next class safely in. If class ends at 5pm we would like to have you out of building by 5:10. Next class starts at 5:30. We would like to have you enter building at no earlier than 5:20. Leaving 5 minutes for open to help reduce overlap.

We will continue to use 30 minutes between classes system when we add 2+ classes per hour as well.

Illness and symptoms

Please be very cautious when sending your child to JPAC for the safety of everyone. Students will not be allowed to participate in class if they are showing any signs of possible sickness. Fever, sneezing, coughing, stomach issues, excessive fatigue, headaches, etc. If a student show ups to JPAC that is showing symptoms we will kindly ask you to take your child home until symptoms are not present. Fever is required to be 48 hours fever free without the use of medication in order to return to class if fever is caused by something other than Covid 19. Students exposed to Covid 19 should follow CDC guidelines of separation for two weeks. We will allow unlimited make ups in available classes until August 1st. We will evaluate again from that point. Parents that are showing symptoms should not enter the building as well. We appreciate your support in this. We will follow the same guidelines for all our staff as well. JPAC has a touchless thermometer and will be checking temperatures during arrival to gym. If your child is positive with Covid 19 or has come across someone that is positive please notify JPAC so we can take actions necessary. We will notify all if a student or staff member has contacted Covid 19 and has been in the building. If your gymnast has a reoccurring or pre-existing symptom that is regular for them we ask that you provide a doctors note for us to have on file so we have record or nature of symptom.

Lobby and viewing will open in phases

Phase 1 – Viewing will be allowed but we will have limited space due to social distancing guidelines. The safety and limited contact for all our athletes and families is the goal at this time. We prefer as much drop off and pick up as possible until social distancing regulations are less. Each gymnast may have one additional person in building during class time. Siblings will not be allowed in the lobby at this time. We ask that you do not switch people during class to help limit numbers in lobby. We have four viewing windows that are 4 feet wide. One person at a time may stand on social distancing spots and observe. We will have social distancing spots in the lobby for people to stand on to wait until window time is available. If all social distancing spots are being used you will be notified upon arrival and asked to wait until availability is open. We ask that you are respectful of all others and share time in the viewing area. We will also take reservations on a first come first serve basis. Parents entering building will have to do same sanitization procedures as athletes as well as temp check. Please do not bring in any bags. If you need to bring in then we ask that you keep that on you at all times. We ask that team parents allow all gymnasts that are entering the building to be able to go in first. Preschool and developmental parents will be able to enter the building at the same time with their child. When all gymnasts have successfully entered the building then we ask for team parents to come in after.

Phase 2 – Resume normal lobby activities. We will not be adding tables and chairs back into lobby. We want lobby for quick views and waves but to still remain primarily on drop off and pick up.

Restrooms

Phase 1 - We will be using 1 at a time policy with our bathrooms. When entering bathroom please announce and see if anyone else is in bathroom. If being used please wait outside door until the previous has exited. All will be required to wash hands before and after using restroom facilities.

Phase 2 – We will use 2 people in restroom at a time. All will be required to wash hands both before and after using restroom facilities

Team lockers and cubbies

Lockers will be completely cleaned out and closed. All gymnasts will use backpack or bag as traveling locker that will be taken home each day. All athlete's belongings must fit inside backpack or bag. We will have distanced placed cubbies for team and class kids to place their bags during practices. Each gymnast will have a cubby. Shoes in bag will be placed in open side of cubby and bag or backpack will be placed on top.

Food and Drink

We will only be allowing water in the facility, gym and lobby, at this point. You must bring your own water bottle that seals at the opening. Water bottles must also fit inside your traveling bag or backpack. No sharing of water bottles will be allowed. There will be no food in building, bags or lockers at this time. Make sure to have snack before practices. Vending machines will not be available in gym lobby. We want to eliminate the risk of any spills or dropped food that could contaminate an area.

Payments

Policy is effective for all students regardless of program.

We will be moving to credit or ACH on file payments for all transactions. We will not be exchanging checks and cash. We will transition into this set by June 1st, 2020. Credit cards or ACH must be set up in all iclass accounts by June 1st. Tuition will be billed on the 28th of each month and processed via auto draft on the 1st of the following month. 30 days' notice is required to drop a class or team program in order to not be charged for the following month. You will need to request to drop your class via email at office@jpacsports.com. JPAC will confirm and take you off future payments.

Declined payments will have 3 days after notification from JPAC to complete new transaction. After 3 days we will drop student from class or team group.

Birthday parties and field trips will be paid via online portal or over the phone. 50 percent deposit is required to reserve your spot and payment in full 1 week prior to your event is required.

Afterschool payments will be collected weekly in advance. Charges will be placed on Thursday and run on Friday for the following week. This will be done via auto draft, ACH or credit card on file.

Prorated tuition for new students. We will prorate your first month of tuition in reference to the week that you attend your first class. If you attend in the 2nd week of month you will be charged 75% tuition, 3rd week 50% tuition and 4th week 25% tuition.

If gym is closed again due to Covid 19 we will continue classes and team practices via zoom and emailed assignments. We will not be offering refunds for those two-week windows if they occur.

Covid 19 - Member Agreement

If you answer yes to any of these questions for yourself or your child, we ask that you do not return to the gym at this time.

1. Have you been ill with fever, chills, cough or body aches in the last 14 days?
2. Has anyone in your household had these symptoms in the last 14 days?
3. Have you or anyone in your house hold traveled internationally in the last 14 days?
4. Have you been told by a healthcare provider that should self-quarantine due to potential Covid 19 exposure or you are suspected of having Covid 19?